

# STAAC Class Description 2024-2025

Course Title: Ballroom Dancing

Teacher: Elizabeth Skinner

Grades: 8th-12th

Meeting Day(s): Thursdays Time(s): 10 a.m.

Student minimum required for this course: 8 Maximum accepted 20

## **Course Description including any prerequisites or other requirements:**

Students will learn a variety of different ballroom dances over the course of the year from waltz to cha cha to east coast swing. They will also learn some ballroom etiquette (how to respectfully ask a girl to dance, how to politely turn down a guy, etc.). Why ballroom dance? It's fun, active, and helps improve social skills! No prerequisites. Schedule (subject to change): East Coast Swing, Waltz, Chacha, Polka West Coast Swing, Foxtrot, Two Step, Rumba.

## **Cost for the year**

- Total Tuition: \$100 per student \$200 per family
  - **Payment Option 1:** Full amount of \$100 or \$200 to be paid on July 1st.
  - **Payment Option 2:** Split amount of \$50 or \$100 as two payments due on July 1<sup>st</sup> and December 1<sup>st</sup>

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## **Student Responsibilities and Expectations**

Students will be responsible for:

- signing in at the beginning of each class period
- paying attention in class
- being respectful of others
- wearing shoes conducive to dancing (tennis shoes, flats, any other closed toed shoe)

I recommend girls wearing shorts under skirts and dresses if worn. Skirts or dresses are not required, however and the STAAC dress code must be adhered to.

## **Grading Breakdown**

Based on attendance. Will provide a sheet of how many hours they attended at the end of each semester.

## **Textbooks and Supplies Required**

N/a

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## Teacher Biography

The ballroom class will be taught by Elizabeth Skinner and Sophia Galey. Elizabeth has taken ballroom dancing for over ten years and competed in the UCWDC Ballroom circuit multiple times. She currently teaches an adult ballroom class alongside her brother, Nick Slatsky, every Monday night at the Cathedral of St. Paul. Sophia has taken ballroom for two years and will be assisting Elizabeth for this class. She is currently a student at UAB getting her BA in Genetics and Genomic Sciences. She also helps out with the Cathedral Youth Group and Girls' Book Study.

## Teacher Contact Information

Elizabeth's Contact Information Text: (205) 335-7328 Email: meslatsky@gmail.com

## Additional Information

n/a