

STAA Class Description 2023-2024

Course Title: Basic Sewing Skills

Teacher: Mrs. Katherine Brueggen

Grades: 3rd-12th

Meeting Day(s): Thursdays (Year) Time(s): 9:00-10:55

Student minimum required for this course: #2 Maximum accepted #8

Course Description including any prerequisites or other requirements:

This class welcomes all skill levels, including those brand new to sewing. Students will learn about the tools required, the parts of the sewing machines, different projects and the best fabrics to use for each, and how to print and cut out patterns. Students will also create a variety of projects made from woven fabrics.

While we will start with the basics, students with intermediate sewing skills will find the class to be beneficial...we all can use a refresher on the basics from time-to-time!

Costs

- Total Tuition: \$100/\$150-Non Volunteer*
- **Payment Option 1:** Full amount of \$100/\$150* to be paid on July 1st.
- **Payment Option 2:** Split amount of \$50/\$75* as two payments due on July 1st and December 1st
- Venmo information: MamaKat079 (Venmo is the preferred payment method)
- Checks made out to: Katherine Brueggen
and mailed to: in the process of moving. Please contact me for correct mailing address

STAA Class Description 2023-2024

Student Responsibilities and Expectations

- 1) Students must follow all safety guidelines (they will receive a copy on the first day of class).
- 2) Students must be willing to listen, follow directions, and NOT move ahead of the teacher/helper instructions. We will work on projects step-by-step. This allows students to learn from each other as well as learn to solve problems together, as they arise.
- 3) After the introductory lessons on patterns, students will be REQUIRED to cut out the patterns and projects at home and bring them to class. This will allow more time to be spent on advancing the students' skills at the sewing machine.

Grading Breakdown

Students' projects will be assessed at their completion. The teacher will send home a form with a breakdown of the skills learned and the level to which the individual student was able to implement each skill.

At the end of the semester, the teacher will give the students a written quiz on vocabulary, sewing skills, etc. (It will be matching, fill-in-the-blank, and multiple choice.)

STAA Class Description 2023-2024

Textbooks and Supplies Required

- 1) The teacher will provide all print outs, textbooks, etc. for additional learning.
- 2) The teacher can provide up to 8 sewing machines for the classroom setting. Students are encouraged to bring in their own sewing machines (TOP-LOADING bobbin only—ask me if you are unsure about this.)
- 3) Each student will need to bring in the following supplies:
 - a) Fabric for projects
 - b) Thread for projects
 - c) Pins or sewing clips
- 4) These materials will be provided in class. However, students will want these to work on at home projects:
 - a) Fabric cutting scissors
 - b) Snips
 - c) Seam rippers
 - d) Universal sewing machine needles

Teacher Biography

Born and raised in Pelham...moved to Northwest Arkansas for a few years where I became wife to John-Paul and mother to six (soon to be seven) beautiful children. Missing the beauty of the Southeast, I convinced my dear husband to apply for a job at Southern Company in 2014, and we became members of the Cathedral of St. Paul not long after the move in June of 2014.

My journey as a seamstress began at the University of Mississippi, as a theatre major, where we were required to learn the basics of costume construction during our Sophomore year. That wasn't my passion, yet, so I left the sewing machine behind for quite awhile. Once I became a mother to three girls, and three rough-housing boys, I began to realize that knowing how to mend and sew is a skillset beyond any measurable value.

My philosophy on sewing is this: Never sacrifice the good for the perfect, but never accept the mediocre. I have talked with SO many people who have told me they would love to sew, but they were discouraged by teachers who would not accept anything less than perfect lines...that's not going to happen in my class. While I will strive for excellence, I will never demand perfection from my students. Neat, clean lines will come with time, and almost all mistakes can be corrected without starting over.

I have loved working with all my sewing students in the past, and I look forward to working with all of my future students! <3 Katherine Brueggen

STAA Class Description 2023-2024

Teacher Contact Information

Please feel free to contact me with any questions or concerns with the class. Texting will get the fastest response.

Email: knbruegge@gmail.com

Cellphone: 205-434-6327

Additional Information